

14<sup>th</sup> National Report 2015





# CLINICAL TRIALS OF DRUGS IN ITALY

14<sup>th</sup> National Report Year 2015

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Research and Clinical Trial Unit
EudraCT (European Clinical Trials Database)
Farmindustria (Pharmaceutical Companies Association)
OsMed (Medicines Utilization Monitoring Centre)

#### 14<sup>th</sup> National Report

data from 1<sup>st</sup> January to 31<sup>st</sup> December 2014 available on the Portal of the Italian Medicines Agency http://www.agenziafarmaco.gov.it/it/content/pubblicazioni

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#### Introduction

As in previous years, the final section of the National Report on clinical trials concerns the legislation updating. Only one provision has been introduced in 2014, the year this report refers to. Nevertheless, the importance of this measure at a national and international level, not only in Europe, is likely to be reflected on the entire report and the entire Italian research system with an impact that will be perhaps even greater than the one subsequent to the Pharmacovigilance legislation introduced in 2012, at that time defined as a *tsunami*.

2014 was indeed the year of the publication and entry into force of Regulation 536/2014, which gave clear indications - in its final version - on how the clinical research will have to be reorganized in Europe and, consequently, in Italy, during the next few years. The clinical trials' evaluation at the national level will be replaced by a co-ordinated management at the European level: this will require the application of shared standards and procedures and the consequent need to rethink criteria and mechanisms currently in force in the planning and evaluation of pharmacological clinical trials. Stakeholders are already considering how to adapt their strategies and organizations to meet the requirements of the new Regulation, and also the Member States are actively working to program the necessary reorganizations nationwide. The data of the past year are therefore essential food for thought in the planning of the change to be put in place over the next two years.

The new web-based National Monitoring Centre was released in 2014: as a unique tool for managing clinical trials on drugs, in an exclusively electronic way, it places Italy in a situation similar to the one designed by the Regulation with a few years in advance. Now that we are almost sure that the Regulation will be implemented on December 2017, the setting in of the online platform from October 2014, and for the next few years, has been and will therefore be useful to make the OsSC fully operational and adequate to support the interface with the European portal at the national level. In 2014 however the OsSC has not been fully utilized, given the small number of studies uploaded, also due to the incomplete ethics committees' reorganization process. The 2014 report thus reflects a mixed management of the trials, still largely on paper, and in a transition phase with a gradual increase in the number of ethics committees validated in the OsSC itself.

Looking at the numbers, if the figures concerning 2013 had shown a general balance of Italy in the field of clinical trials compared to the rest of Europe, the 2014 data show even a slight upward trend, with a general recovery on the total clinical trials' number if compared to the rest of Europe, although the oscillations are small and need confirmation in future years in order to draw more definitive conclusions. A significant fact to interpret these numbers, and do not arouse much enthusiasm, is the resumption of no profit trials, which had recorded a fall in 2013 compared to 2012. The figure for 2013 seems to reflect the need for more time, for the no profit sector, to fully adapt to the new regulatory requirements and to implement the regulatory changes come into effect in 2012, resulting in the reorganization of the ethics committees system. The increase in the total number of trials may therefore reflect, at least in

part, this recovery of no profit trials, while the profit trials are substantially unchanged. This is also an important signal to think about as concerns the implementation of Regulation 536/2014, which does not provide for special rules for no profit trials. So, in this important area Sponsors and PI will have to be ready to apply the necessary adjustments with more flexibility and timing. In fact, the difficulties encountered in the implementation of the new national rules, which have resulted in a very long time, and well beyond the deadlines laid down for the ethics committees reorganization, raise fears on the fact that similar reaction times will be necessary to adapt the system to the new rules introduced by Regulation 536/2014, even more stringent and that will impact on an even greater degree on the current national organization.

The reorganization will also rely on improvements in the clinical trials management, as a timely approval will have to be followed by an equally rapid activation of clinical trials; this is however a result that can only be assessed by measuring in the coming years the incidence of the international multi-center trials, very sensitive to the efficiency of the system they necessarily interact with.

The OsSC's progressive activation led us this year to introduce changes in the report, that will be developed and completed, to give factual information on clinical trials.

It should first be clarified that data on trials submitted do not match that of the trials evaluated, being the process of evaluation and authorization an on-going process over different years. The 723 clinical trials submitted in 2014 were not all completed within the same year and a part of them has been assessed in 2015.

The data statistical analysis, however, concentrated on the total of the trials ended in 2014, part of which had probably been submitted at the end of 2013, since trials evaluated are those who actually have begun in the year under review.

The total number of them, if compared to 2013, records a slight increase, statistically not significant: if we cannot talk of a real raise, we are at least allowed to confirm the endurance of the entire system. We are still far from the average values of the years 2010 to 2012, although the increasing percentage out of the European total is interesting, which is the highest in the last five years.

Looking at the data in detail, there is a congruent and progressive shifting in the percentage of the type of drugs involved, which is a sign of the significant changes planned for the coming years in the drug development: the percentage of biological/biotechnological drugs and drugs combining chemical and biological active ingredients remains essentially stable, while ATIMP trials have almost doubled. Innovative new drugs and breakthrough therapies are appearing, raising high expectations also in patients, more and more updated on developments in drug research. It is therefore important to continue to support the research system in Italy, which allows broader and early access to innovative therapies, especially in the context of widespread access to information that, in the absence of alternatives with a sufficient degree of effectiveness and safety, risks to lead only to an increase in requests for access to treatments through accelerated paths for diseases currently incurable. These shortcuts are

dangerous as indiscriminately directed to access to drugs that have not yet proven efficacy and safety, forgetting the essential role of research to prove indeed efficacy and safety, and undermining the conduct of a proper audit process; moreover, if exaggerated and caused by deficiencies in the system of pharmacological research in Italy, they would lead to a progressive exclusion of our country from clinical trials and to a reduced possibility of controlled access to new drugs in clinical trials. In 2014, too, most trials were conducted on patients, a fact that strongly supports the role of clinical trials as an important hope of treatment for Italians patients.

In fact, the upward trend of phase I and II clinical trials continues if considered together, and the figure for phase III trials remains constant, while for phase IV trials slightly decreases. The sum of phase I and II trials, however, exceeds the total figure of phase III trials (46.8% and 43.6% respectively for authorized trials): this figure could further confirm the trend of moving towards clinical trials on developing drugs, potentially innovative. This finding is also reflected by the high number of not controlled trials (35.8%), distinctive feature of exploratory phase I and II studies.

As anticipated, there was an increase in no profit trials (5% more than in 2013). Mono-centre trials also rose, even if 4% of them are international.

About a third of the studies is on biological/biotechnological active ingredients and ATIMP trials double from 1 to 2%.

In the field of rare diseases, trials relating to the stages of drug development are significantly more numerous than those of phase IV, as expected, while it is interesting to see how profit studies are in total 75% of the trials on rare diseases: this gives hope in the possible increase in registration applications for targeted drugs to treat such diseases.

Examining trials by therapeutic category, it is very interesting to see how the percentages for therapeutic class are significantly different compared to expenditure data for the same therapeutic classes. Expenses for antineoplastic and immunomodulating agents are now at 28.9%, while almost half of the trials submitted (47%) concern this class; percentages related to blood and blood-forming organs studies are double compared to data on the percentage of pharmaceutical expenditure. The cardiovascular system has a percentage expenditure 6 times higher than the percentage of clinical trials in this category; percentage expenditure for alimentary tract and anti-infective drugs is double if compared to the one of the relevant clinical trials. And after the oncology and hemato-oncology trials category, the first therapeutic class for the total amount of studies is that on the nervous system and not that on the cardiovascular system, unlike the ranking on expenditure.

These data prove therefore that pharmacological research is always oriented towards areas where effective treatments still need to be found. In conclusion, all data confirm the need to continue working to strengthen the positive signals, avoiding the risk of freezing factors that negatively impact on clinical trials and that always involve the risk of triggering a vicious circle, issuing in a contraction of investments and developments in the sector that has been most active in the Italian economy panorama. For this reason it is important to start from the

encouraging data of this report and plan a renovation and a reorganization of the ethics committees and experimental sites, adapted to the new demands and complexity required. Italy is in fact the third European country for pharmaceutical expenditure, and it would be logical to expect that investments in research could reach similar proportions and honor the scientific and health prominent personalities of our country during the next few years. AIFA is already engaged in the forefront and will continue to implement all the measures within its competence to ensure maximum support to clinical research, according to the mission it has pursued since its establishment.

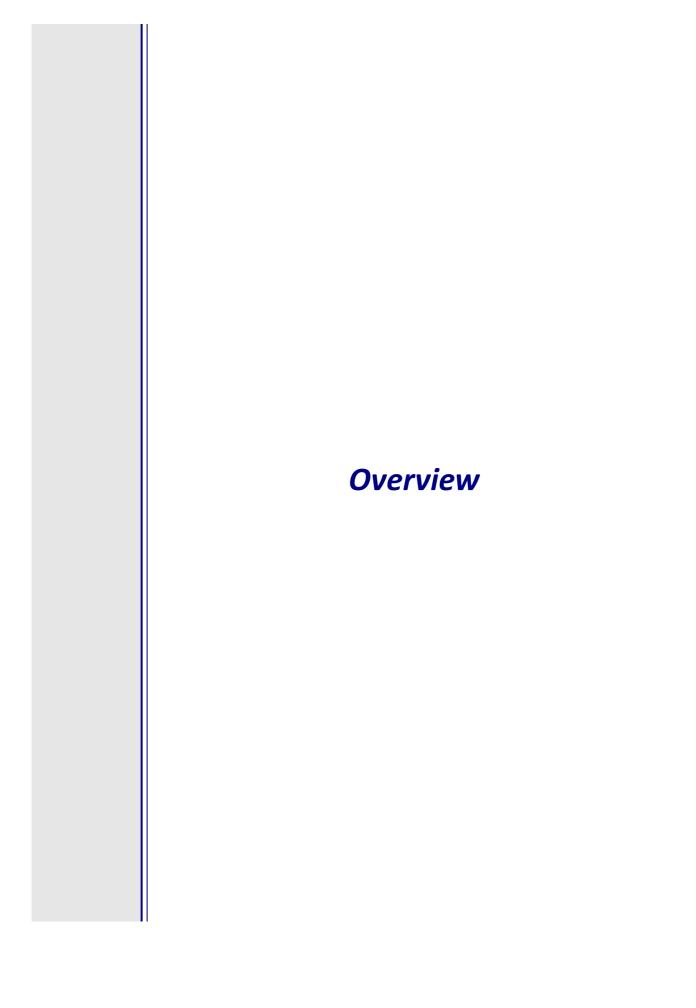




Table 1
Global pharmaceutical markets – 2014

Countries	Ex factory values (million EUR)	%
USA	284,933	42.0
Japan	59,356	8.7
EU Big countries	119,468	17.6
Germany	33,873	5.0
France	29,504	4.3
Italy	21,459	3.2
United Kingdom	18,835	2.8
Spain	15,798	2.3
BRIC countries	88,407	13.0
China	53,441	7.9
Brazil	17,980	2.6
India	9,255	1.4
Russia	7,732	1.1
Canada	15,702	2.3
Australia	9,125	1.3
Venezuela	6,903	1.0
South Korea	6,082	0.9
Mexico	5,624	0.8
Turkey	5,597	0.8
Polonia	5,239	0.8
Belgium	4,501	0.7
Switzerland	4,196	0.6
Argentina	3,950	0.6
Sweden	3,434	0.5
Austria	3,365	0.5
Portugal	2,851	0.4
Taiwan	2,649	0.4
Romania	2,613	0.4
Other countries	45,170	6.7
World Total	679,165	100.0

Source: elaboration of Farmindustria data ("Indicatori Farmaceutici", July 2015)



Table 2

Public pharmaceutical expenses per therapeutic classification – 2014

	Therapeutic classification – ATC 1 <sup>st</sup> level	Class A NHS (million EUR)	Public health structures purchases (million EUR)	Total public pharmaceutical expenses (million EUR)	%
L	Antineoplastic and immunomodulating agents	252	3,647	3,899	19.5
С	Cardiovascular system	3,423	208	3,631	18.2
Α	Alimentary tract and metabolism	1,988	602	2,590	13.0
J	General anti-infectives for systemic use	887	1,573	2,460	12.3
В	Blood and blood forming organs	548	1,322	1,870	9.4
N	Nervous system	1,396	473	1,869	9.4
R	Respiratory system	1,044	60	1,104	5.5
٧	Various	66	514	580	2.9
G	Genito urinary system and sex hormones	421	112	533	2.7
М	Musculo-skeletal system	452	54	506	2.5
Н	Systemic hormonal preparations, excluding sex hormones and insulins	191	297	488	2.4
S	Sensory organs	223	110	333	1.7
D	Dermatologicals	60	22	82	0.4
Р	Antiparasitic products, insecticides and repellents	13	1	14	0.1
	Total	10,964	8,995	19,959	100.0

Source: elaboration of OsMed data

("National Report on Medicines use in Italy" Year 2014. Rome, Italian Medicines Agency, 2015)

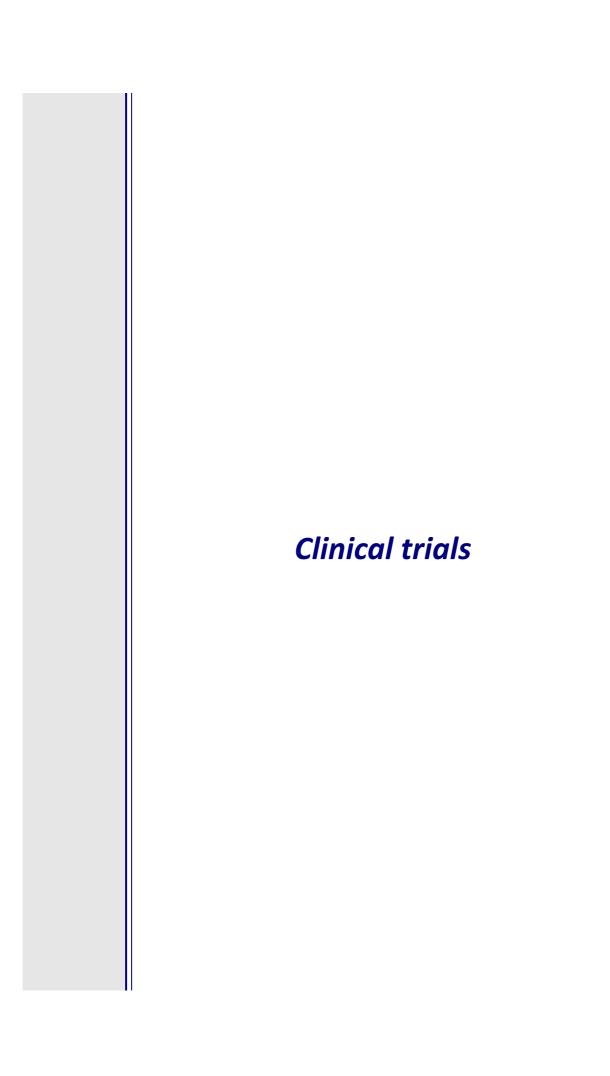




Table 3
Clinical trials submitted in 2014 per outcome and phase
CT submitted: 723

Outroms	Ph	Phase I Phase II		Phas	Phase III Phase IV		Bioeq / Bioav		Total			
Outcome	СТ	%	СТ	%	СТ	%	СТ	%	СТ	%	СТ	%
Authorisation	48	9.7	187	37.9	215	43.5	43	8.7	1	0.2	494	100.0
Refusal	1	1.8	24	42.9	23	41.1	8	14.3	0	0.0	56	100.0
Withdrawal	2	22.2	5	55.6	1	11.1	1	11.1	0	0.0	9	100.0
Expiration	0	0.0	0	0.0	0	0.0	4	100.0	0	0.0	4	100.0
Interruption	0	0.0	3	100.0	0	0.0	0	0.0	0	0.0	3	100.0
In progress	12	7.6	51	32.5	70	44.6	23	14.6	1	0.6	157	100.0
Total	63	8.7	270	37.3	309	42.7	79	10.9	2	0.3	723	100.0

Table 4
Clinical trials ended in 2014 per outcome
Reviewed CT: 682

Outcome	2014					
Outcome	СТ	%				
Authorisation	592	86.8				
Refusal	73	10.7				
Withdrawal	11	1.6				
Expiration	6	0.9				
Total	682	100.0				



Chart A
Clinical trials ended in 2014 per outcome
Reviewed CT: 682

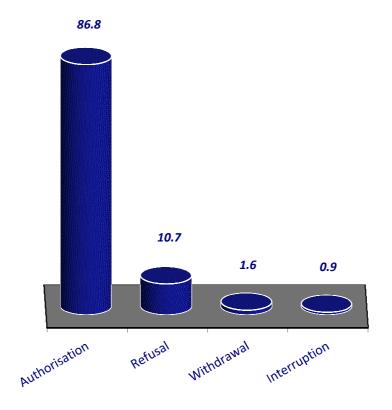


Table 5

Clinical trials ended in 2014 per outcome and phase

Reviewed CT: 682

Outcome	me						Pha	se II	Phas	se III	Pha	se IV	Bioeq	/ Bioav	То	tal
Outcome			СТ	%	СТ	%	СТ	%	СТ	%	СТ	%				
Authorisation	60	10.1	217	36.7	258	43.6	56	9.5	1	0.2	592	100.0				
Refusal	2	2.7	30	41.1	31	42.5	9	12.3	1	1.4	73	100.0				
Withdrawal	2	18.2	7	63.6	1	9.1	1	9.1	0	0.0	11	100.0				
Expiration	1	16.7	0	0.0	0	0.0	5	83.3	0	0.0	6	100.0				
Total	65	9.5	254	37.2	290	42.5	71	10.4	2	0.3	682	100.0				



Table 6
Clinical trials with favourable opinion issued by the Competent Authority

(favourable single opinion issued by the coordinating centre's EC between 1<sup>st</sup> January 2000 and 31<sup>st</sup> December 2012, entered in the OsSC, and authorization issued by AIFA since 2013)

Year	СТ
2000	557
2001	605
2002	560
2003	568
2004	624
2005	664
2006	778
2007	796
2008	880
2009	761
2010	670
2011	676
2012	697
2013	583
2014	592
Total	10,011

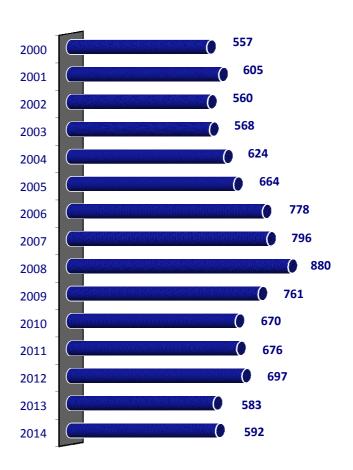


Table 7

Clinical trials per year: comparison EU – Italy
(last five years)

Year	CT in EU *	CT in Italy **	% Italy / EU
2010	4,153	670	16.1
2011	4,127	676	16.4
2012	3,943	697	17.7
2013	3,383	583	17.2
2014	3,249	592	18.2

The number of clinical trials in the EU was derived from statistics published on the EudraCT site ("EudraCT supporting documentation" – "EudraCT statistics", <a href="https://eudract.ema.europa.eu/document.html">https://eudract.ema.europa.eu/document.html</a>). The number of clinical trials performed in Italy derives from Table 6.

<sup>\*</sup> number of trials registered in EudraCT

<sup>\*\*</sup> number of trials authorised by the Competent Authority



Table 8

Clinical trials per year and phase
Total CT: 3,218 (last five years)

Year	Phase I		Phas	se II	Phas	e III	Pha	se IV	Bioeq ,	/ Bioav	То	tal
rear	СТ	%	СТ	%	СТ	%	СТ	%	СТ	%	СТ	%
2010	53	7.9	250	37.3	283	42.2	79	11.8	5	0.7	670	100.0
2011	46	6.8	261	38.6	284	42.0	82	12.1	3	0.4	676	100.0
2012	41	5.9	258	37.0	308	44.2	87	12.5	3	0.4	697	100.0
2013	68	11.7	192	32.9	267	45.8	55	9.4	1	0.2	583	100.0
2014	60	10.1	217	36.7	258	43.6	56	9.5	1	0.2	592	100.0
Total	268	8.3	1,178	36.6	1,400	43.5	359	11.2	13	0.4	3,218	100.0

Chart B

Clinical trials per year and phase
Total CT: 3,218 (last five years)



Clinical trials per year and typology: mono-centre / multi-centre Total CT: 3,218 (last five years)

**Chart C** 

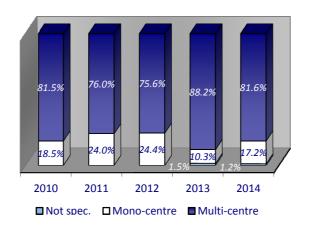




Chart D

Mono-centre and multi-centre clinical trials, national and international
CT authorised in 2014: 592

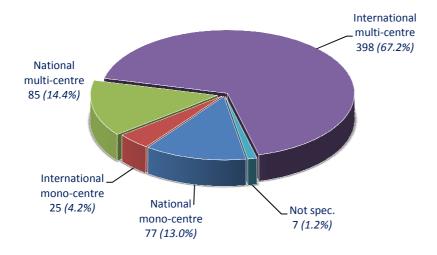


Chart D bis

Mono-centre and multi-centre clinical trials, national and international

CT NOT authorised in 2014: 90

(refusal, withdrawal, expiration)

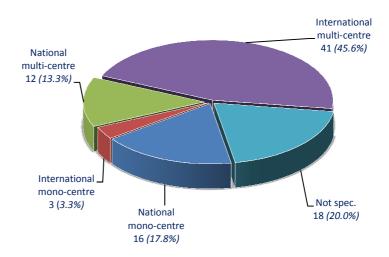




Chart E

Mono-centre and multi-centre national clinical trials

National CT authorised in 2014: 162

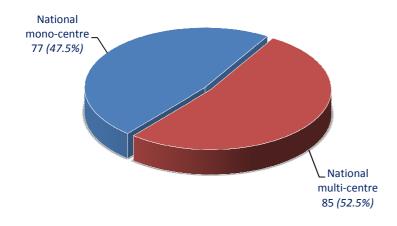


Chart E bis

# Mono-centre and multi-centre national clinical trials National CT <u>NOT</u> authorised in 2014: 28 (refusal, withdrawal, expiration)

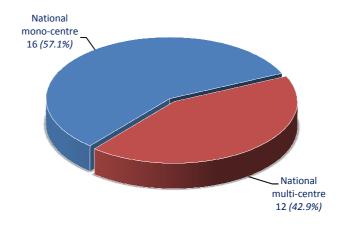




Table 9
Clinical trials per study population typology
CT authorised in 2014: 592

Typology	20	14
Typology	СТ	%
Patients	570	96.3
Healthy volunteers	9	1.5
Patients & healthy volunteers	6	1.0
Not specified	7	1.2
Total	592	100.0

Table 10

Clinical trials per study population typology and phase
CT authorised in 2014: 592

Туроlоду	Pha	ase I	Pha	ase II	Pha	se III	Pha	se IV	Bioeq	/ Bioav	To	otal
	СТ	%	СТ	%	СТ	%	СТ	%	СТ	%	СТ	%
Patients	54	9.5	215	37.7	250	43.9	51	8.9	0	0.0	570	100.0
Healthy volunteers	2	22.2	2	22.2	4	44.4	0	0.0	1	11.1	9	100.0
Patients & healthy volunteers	0	0.0	0	0.0	2	33.3	4	66.7	0	0.0	6	100.0
Not specified	4	57.1	0	0.0	2	28.6	1	14.3	0	0.0	7	100.0
Total	60	10.1	217	36.7	258	43.6	56	9.5	1	0.2	592	100.0



Table 11
Clinical trials per study population gender
CT authorised in 2014: 592

Gender	2014				
Gender	СТ	%			
Females & males	513	86.7			
Females	46	7.8			
Males	28	4.7			
Not specified	5	0.8			
Total	592	100.0			

Table 12
Clinical trials per study population gender and phase
CT authorised in 2014: 592

Gender	Pha	ise I	Pha	ise II	Pha	se III	Pha	se IV	Bioeq	/ Bioav	To	otal
	СТ	%	СТ	%	СТ	%	СТ	%	СТ	%	СТ	%
Females & males	48	9.4	187	36.5	229	44.6	48	9.4	1	0.2	513	100.0
Females	6	13.0	18	39.1	18	39.1	4	8.7	0	0.0	46	100.0
Males	2	7.1	12	42.9	10	35.7	4	14.3	0	0.0	28	100.0
Not specified	4	80.0	0	0.0	1	20.0	0	0.0	0	0.0	5	100.0
Total	60	10.1	217	36.7	258	43.6	56	9.5	1	0.2	592	100.0

Table 13

Clinical trials per forecast age group
CT authorised in 2014: 592

Ago group	2014				
Age group	СТ	%			
Adults (18-64 years of age)	521	88.0			
OAPs (>= 65 years of age)	457	77.2			
Minors (< 18 years of age)	82	13.9			

Enrolled subjects could fall into more than one age group; therefore the same trial may be counted more than once.



Table 14

Clinical trials per therapeutic area
CT authorised in 2014: 592

	20	014
Therapeutic area	СТ	%
Neoplasms	230	38.9
Nervous system diseases	41	6.9
Cardiovascular diseases	38	6.4
Hemic and lymphatic diseases	36	6.1
Respiratory tract diseases	23	3.9
Immune system diseases	21	3.5
Virus diseases	21	3.5
Musculo-skeletal diseases	19	3.2
Nutritional and metabolic diseases	17	2.9
Neonatal diseases and abnormalities	14	2.4
Skin and connective tissue diseases	14	2.4
Bacterial infections and mycoses	13	2.2
Digestive system diseases	13	2.2
Endocrine system diseases	10	1.7
Anesthesia and analgesia	8	1.4
Mental disorders	8	1.4
Immune system phenomena	8	1.4
Eye diseases	6	1.0
Metabolic phenomena	5	0.8
Female urogenital diseases and pregnancy complications	5	0.8
Pathological conditions, signs and symptoms	5	0.8
Genetic phenomena	3	0.5
Surgical procedures, operative	3	0.5
Musculoskeletal and neural physiological phenomena	3	0.5
Digestive system and oral physiological phenomena	2	0.3
Male urogenital diseases	2	0.3
Circulatory and respiratory physiological phenomena	2	0.3
Ocular physiological phenomena	2	0.3
Not specified	11	1.9
Others	9	1.5
Total	592	100.0



Table 15
Clinical trials per drug typology
CT authorised in 2014: 592

Tuncloni	20	14
Typology	СТ	%
Chemical active ingredient	394	66.6
Biological/biotechnological active ingredient	167	28.2
ATIMP	12	2.0
Chemical and biological/biotechnological active ingredient	10	1.7
Not specified	9	1.5
Total	592	100.0

Table 15 bis
Clinical trials per drug typology
CT NOT authorised in 2014: 90
(refusal, withdrawal, expiration)

Tueslam	2014				
Typology	ст	%			
Chemical active ingredient	56	62.2			
Biological/biotechnological active ingredient	15	16.7			
ATIMP	0	0.0			
Chemical and biological/biotechnological active ingredient	1	1.1			
Not specified	18	20.0			
Total	90	100.0			



Table 16

Clinical trials on rare diseases per phase

CT authorised in 2014: 592 of which 139 (23.5%) on rare diseases

		2014								
Phase	СТ	% on CT in rare diseases	% on authorised CT							
Phase III	62	44.6	24.0							
Phase II	54	38.8	24.9							
Phase I	20	14.4	33.3							
Phase IV	3	2.2	5.4							
Bioeq / Bioav	0	0.0	0.0							
Total	139	100.0								

Table 17

Clinical trials on rare diseases per profit / no profit Sponsor, national and international
CT authorised in 2014: 592 of which 139 (23.5%) on rare diseases

Sponsor typology	Nati	onal	Intern	ational	Total		
	СТ	%	СТ	%	СТ	%	
Profit	5	20.0	99	86.8	104	74.8	
No profit	20	80.0	15	13.2	35	25.2	
Total	25	18.0	114	82.0	139	100.0	

Table 18

Clinical trials per therapeutic classification and phase

CT authorised in 2014: 592 of which 272 (45.9%) with ATC of at least one test drug specified

	Therapeutic classification ATC 1 <sup>st</sup> level		%	Pha	se I	Pha	se II	Pha	se III	Pha	se IV	Bioeq ,	/ Bioav
			70	СТ	%	СТ	%	СТ	%	СТ	%	СТ	%
L	Antineoplastic and immunomodulating agents	136	46.9	17	12.5	61	44.9	46	33.8	12	8.8	0	0.0
В	Blood and blood forming organs	18	6.2	0	0.0	4	22.2	10	55.6	4	22.2	0	0.0
N	Nervous system	21	7.2	0	0.0	4	19.0	9	42.9	7	33.3	1	4.8
Α	Alimentary tract and metabolism	18	6.2	0	0.0	5	27.8	11	61.1	2	11.1	0	0.0
J	General anti-infectives for systemic use	33	11.4	0	0.0	8	24.2	19	57.6	6	18.2	0	0.0
Н	Systemic hormonal preparations, excluding sex hormones and insulins	14	4.8	2	14.3	9	64.3	3	21.4	0	0.0	0	0.0
٧	Various	9	3.1	0	0.0	2	22.2	5	55.6	2	22.2	0	0.0
М	Musculo-skeletal system	5	1.7	1	20.0	2	40.0	2	40.0	0	0.0	0	0.0
R	Respiratory system	5	1.7	0	0.0	1	20.0	3	60.0	1	20.0	0	0.0
С	Cardiovascular system	10	3.4	0	0.0	3	30.0	5	50.0	2	20.0	0	0.0
D	Dermatologicals	3	1.0	0	0.0	0	0.0	1	33.3	2	66.7	0	0.0
G	Genito urinary system and sex hormones	9	3.1	0	0.0	1	11.1	5	55.6	3	33.3	0	0.0
S	Sensory organs	8	2.8	0	0.0	4	50.0	2	25.0	2	25.0	0	0.0
Р	Antiparasitic products, insecticides and repellents	1	0.3	0	0.0	1	100. 0	0	0.0	0	0.0	0	0.0
	Total	290	100.0	20	6.9	105	36.2	121	41.7	43	14.8	1	0.3

The same clinical trial can involve more than one test drug and therefore shall be counted in more than one ATC classification.



Table 19
Clinical trials per year and profit / no profit Sponsor
Total CT: 3,218 (last five years)

Voor	Pro	ofit	No p	rofit	Total		
Year	СТ	%	СТ	%	СТ	%	
2010	431	64.3	239	35.7	670	100.0	
2011	441	65.2	235	34.8	676	100.0	
2012	472	67.7	225	32.3	697	100.0	
2013	444	76.2	139	23.8	583	100.0	
2014	424	71.6	168	28.4	592	100.0	
Total	2,212	68.7	1,006	31.3	3,218	100.0	

Chart F
Clinical trials per year and profit / no profit Sponsor
Total CT: 3,218 (last five years)

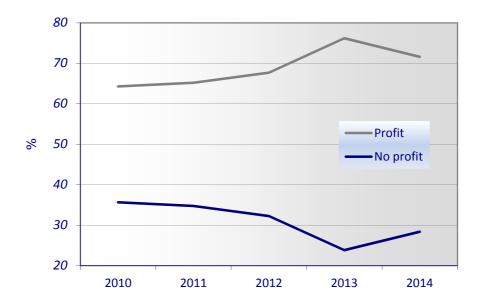




Table 20
Clinical trials per design
CT authorised in 2014: 592

Docian	2014				
Design	СТ	%			
Controlled	375	63.3			
Not controlled	212	35.8			
Not specified	5	0.8			
Total	592	100.0			

Table 21

Clinical trials per design – details
CT authorised in 2014: 592

Decian details	2014				
Design – details	СТ	%			
Randomised	376	63.5			
Not randomised	202	34.1			
Not specified	14	2.4			
Open	296	49.8			
Double blind	212	35.6			
Single blind	14	2.4			
Not specified	70	12.2			
Parallel groups	263	44.4			
Cross over	23	3.9			
Not specified	306	51.7			

The information concerning the clinical trial design is not univocal; therefore the same trial may be associated to more than one design.



Table 22
Clinical trials per objective
CT authorised in 2014: 592

Objective	2	014
Objective	СТ	%
Safety	531	89.7
Efficacy	528	89.2
Therapy	322	54.4
Pharmacokinetics	285	48.1
Pharmacodynamics	155	26.2
Pharmacogenetics	89	15.0
Pharmacogenomics	80	13.5
Dose-response studies	74	12.5
Prophylaxis	41	6.9
Pharmaco-economics	32	5.4
Diagnosis	9	1.5
Bioequivalence	1	0.2
Not specified	4	0.7

The same study could have more than one objective and therefore be counted more than once.

Table 23

Clinical trials with a Scientific Advice per outcome and phase

CT authorised in 2014: 592 of which 168 (28.4%) with a Scientific Advice

Outcome	Phase I		Phase I Phase II Phase		se III Phase IV		Bioeq / Bioav		Total			
Outcome	СТ	%	СТ	%	СТ	%	СТ	%	СТ	%	СТ	%
Authorisation	9	5.8	30	19.4	116	74.8	0	0.0	0	0.0	155	100.0
Refusal	0	0.0	2	15.4	11	84.6	0	0.0	0	0.0	13	100.0
Total	9	5.4	32	19.0	127	75.6	0	0.0	0	0.0	168	100.0

### **APPENDIX**

Legislation & Training *Updates* 

## List of relative legislation regarding clinical trials of drugs published in 2014

Regulation (EU) No 536/2014 of 16 April 2014

2014

O.J. of the European Union n. L 158 of May 27, 2014

Regulation (EU) No 536/2014 of the European Parliament and of the Council of 16 April 2014 on clinical trials on medicinal products for human use, and repealing Directive 2001/20/EC

#### Conferences, Workshops and Training Courses on clinical trials on drugs organised by AIFA

"Training course on the new

National Monitoring Centre on clinical trials of drugs – OsSC"

AIFA, Rome

February 18-19

OsSC's contact persons of Applicants (Sponsors and CROs)

February 25-26

OsSC's contact persons of Applicants (Sponsors and CROs)

OsSC's contact persons of Applicants (Sponsors and CROs) March 5 Competent Authority (AIFA) March 11-12 OsSC's contact persons of Applicants (Sponsors and CROs) March 17-18 OsSC's contact persons of Applicants (Sponsors and CROs) March 25-26 OsSC's contact persons of Applicants (Sponsors and CROs) April 8-9 OsSC's contact persons of Ethics Committees April 14-16 OsSC's contact persons of no profit Sponsors and Ethics Committees October 21 Competent Authority (AIFA and ISS) November 19-20 OsSC's contact persons - various November 24-25 OsSC's contact persons - various